

2019 Yukon Orienteering Championships Long

June 19, 2019

Location: Magnusson Ski Trails Parking

Organizers: Leif & Pia Blake

Thanks to controller Erik Blake, and registration volunteers David Bakker and Sabine Schweiger for helping to make this event a success!

The 2019 Yukon Champs Long took place on the Hidden Lakes map, starting from the Grey Mountain road and looping down into complex and hilly terrain. Competitors chose from 6 different courses of varying length and technical challenge: Novice (2.5km), Intermediate (2.8km), Short Advanced (2.0km), Long Advanced (5.4km), Runner's (6.4km), and Expert (7.8km).

Shorter course stayed close to the road where trails were abundant, but intricate contour detail allowed more experienced orienteers to have some fun off the beaten path. Longer courses took runners South-East into steeper terrain with fewer trails, emphasizing route choice and physical strength.

On the Expert course, splits show fairly consistent running among the top 3 finishers, with winner Brent Langbakk (71:20) taking about half of the fastest leg times. Forest Pearson (73:55) won only a handful of short legs, but at times led the race and squeaked in only 2:35 (3.7%) behind Lanbakk. David Bakker (77:15) never won a split, but nonetheless put in a solid performance to come just shy of 6 minutes (8%) behind the winner.

These results indicate that running and navigation speed may have been the deciding factors in Wednesday's placements. According to WinSplits' algorithm, 4th place finisher Benoit Turcotte (84:28) was the first runner down on the list registering more than a minute of lost time on course, most likely due in part to his decisive 30 second victory over Langbakk on the longest leg (1-2, 1.7km).

The same cannot be said of the Long Advanced course, with each runner leaving upwards of 9 minutes on course to errors alone. Many orienteers struggled early in the course, particularly on leg 2, where competitors had to locate a small cup depression on a vague spur. Here, course winner Bob Sagar (79:07) lost over 8 minutes to the winner of that leg, 4th place finisher Grant Abott (98:17). However, Sagar's victory was secured by the 3rd control as Abott lost more than a bit of time, leaving Sagar to lead for the rest of the race.

The battle for 2nd on course was well fought by Karen McKenna (86:52) and Julianna Scramstad (97:09), with McKenna losing quite a bit of time early on and only surpassing Scramstad on the long leg (5-6, 1.2km) towards the end of the course, where Scramstad lost about 6.5 minutes.

In a toss up on the Short Advanced, 2nd place finisher Philippa McNeil (29:53) won every split but one, which allowed winner Lara Melnik (27:54) to eke out a narrow victory.

The Intermediate was won by Pauline Gallinat (31:37), and Stian Langbakk (20:35) took the fastest time on the Novice course. Virginia Sarrazin (65:54) won the Runner's Course.

Full results by class can be found below, and splits by course are available [here](#) (Shout out to controller Erik Blake for putting in the effort to get us this special treat!)

PI	NAOC	COC	tno	Name	Club	Time
Novice M (4)			2.5 km 65 m 9 C			
			1	28 Stian Langbakk		20:35
			2	40 Oliver Kralisch-Seguin		32:00
			3	46 Erik Embacher		34:59
			4	47 Carl Embacher		35:47
Intermediate M (2)			2.8 km 90 m 8 C			
			1	48 Kieran Horton		1:11:58
			2	49 Peter Embacher		1:12:15
Short Advanced M (1)			1.9 km 60 m 7 C			
			1	21 Craig Brookes		43:14
Long Advanced M (3)			5.3 km 175 m 9 C			
			1	2 Bob Sagar		1:19:07
			2	7 Grant Abbott		1:38:17
				37 Martin Slama		dnf
Expert M (6)			7.8 km 335 m 13 C			
			1	29 Brent Langbakk		1:11:20
			2	51 Forest Pearson		1:13:55
			3	1 David Bakker		1:17:15
			4	15 Benoit Turcotte		1:24:28
			5	20 Darren Holcombe		1:25:29
				10 Ben Hancock		mp
Intermediate F (9)			2.8 km 90 m 8 C			
			1	44 Pauline Gallinat		31:37
			2	5 Krystal Karais		36:21
			3	43 Lara Melnik		37:35
			4	25 Glenda Koh		39:54
			5	12 Sheri Hogeboom		40:32
			6	13 Lenore Morris		40:35
			7	39 Caroline Thibault		41:33
			8	33 Ev Pasichnyk		1:02:35
				14 Anne-Marie LeBlanc		mp
Novice F (5)			2.5 km 65 m 9 C			
			1	32 Leslie van Tongeren		24:48
			2	41 Emilie Kralisch-Seguin		30:30
			3	4 Adney Karais		32:08
			4	24 Iliana Koh		45:24
			5	18 Maura Glenn		57:33

PI	NAOC	COC	tno	Name	Club	Time
Short Advanced F (5)						
			1.9 km 60 m		7 C	
1			23	Lara Melnik		27:54
2			17	Philippa McNeil		29:53
3			6	Wendy Nixon		33:04
4			22	Deb Kiemele		39:46
5			42	Nesta Leduc		41:55
Long Advanced F (5)						
			5.3 km 175 m		9 C	
1			27	Karen McKenna		1:26:52
2			30	Julianna Scramstad		1:37:09
3			3	Sabine Schweiger		1:41:57
			9	Bryn Knight		mp
			50	Barbara Scheck		dnf
Runners F (3)						
			6.4 km 270 m		7 C	
1			8	Virginia Sarrazin		1:05:54
2			38	Judith van Gulick		1:11:01
3			26	Jane Hollenberg		1:14:26
Novice Group (2)						
			2.5 km 65 m		9 C	
1			45	Carl + Rima		27:00
2			34	Mari + John		34:04
Intermediate Group (3)						
			2.8 km 90 m		8 C	
1			19	Selena + Scott		45:34
2			11	Karin + Kala		52:16
			36	Henri + Dave		dnf
Short Advanced G (2)						
			1.9 km 60 m		7 C	
1			35	Paxton + Seth		47:35
2			16	Chantal & Doug		1:09:16