

YOA B-Meet July 17th, 2019

Designed and organized by Colin Abbott

There were 80 runners who took part in the July 17 B-Meet on the Long Lake map at a seldom-used start location on the clay cliffs east of the road. The courses were challenging mentally and physically and there were very few clean runs on any course; runners returned scratching their heads and commiserating about time spent wandering in the woods.

There were 9 runners who chose to run the 6.7km expert course. Brent Langbakk was quickest in 69:13. 19 runners took on the 3.4km advanced course, with Jeremy Johnson arriving first in 45:39. In the 3.0km intermediate course 26 people ran, with Rima Khouri at the front in 36:52. For the 2.3km novice course 26 people ran and Jonathan Parker finished first in 30:29.

A big thanks to all the volunteers who helped out-Matthias Purdon, Jane Hollenberg and Wendy Nixon for putting out controls; Matthias Purdon for printing maps; Nansen Murray, Wendy Nixon, Jane Hollenberg, Jen Mackeigan and Bruce McLean for helping with registration and start/finish set-up and Grant Abbott and Jen Mackeigan for picking up controls.

Results:

Expert (9)	6.7km
Brent Langbakk	69:13
Pia Blake	82:17
Matthias Purdon	83:52 (Helped set controls)
Caelen McLean	91:49
Afan Jones	100:01
Darren Holcombe	131:06
Bob Sagar	DNF
Dave Hildes	DNF
Jen Mackeigan	DNF

Advanced (19)	3.4km
Jeremy Johnson	45:39
Ben and Sarah Hancock	52:36
Brian Horton	55:32
Bruce McLean	56:32
Emilie Stewart-Jones	58:44

Bryn Knight	59:34
Sara Nielsen	60:21
Erik Blake	61:22
Martin Slama	66:33
Judith van Gulick	71:02
Sabine Schweiger	72:33
Grant Abbott	74:07
Julianna Scramstead	87:18
Jill Pangman	98:09
Kristina Gardner	DNF
Doug Hitch and Itai Katz	DNF
Pauline Gallinat	MP

Intermediate (26) 3.0km

Bella Mouchet	53:41
David Gonda	55:37
Anneke Aasman	58:15
Lara Melnik	59:01
Selena Boothroyd, Scott Williams, Tegryn Williams	87:30
Ev Pasichnyk	91:17
Anett Kralisch, Emliy Kralisch-Seguin	97:57
Robin Muzzarell	DNF
Kieran Horton, Johannes Benkert, Jonah McConnell, Micah McConnell	DNF
Glenda Koh and Aurelia Koh	DNF
Virginia Sarrazin	DNF
Beth Mulloy, Wendy Cohen, Heather Griffiths	DNF
Amanda Mouchet	DNF
Craig Brooks	DNF
Dave and Henri Rogers	DNF

Novice (26) 2.3km

Jonathan Parker	30:29
Adrienne and Ewan Murchison	34:02
Antoine Deshaires, Carl Turcotte, and Rima Khouri	36:52
Sarah and Lucy Aasman and Malcolm Murchison	37:07
Leslie van Tongeren	41:44
Valerie Bussieres and Maya Poirier	62:19

Iliana Koh	65:39
Jason Seguin and Oliver Kralisch-Seguin	67:47
Gally, Oliver and Amanda Cann	68:47
Eva Benkert	80:07
Mallory and Krysti Horton	80:44
Maura Glenn	100:41
Karl and Eila Blattmann	DNF
Leigh Anne Baker	DNF
Remie Cherepak and Anais Hildes	DNF