Policy on Access and Equity.

Orienteering is an equal opportunity sport with no restrictions as to access of any person or group. This is the same world-wide. Our competition classes, based upon age, are identical for men and women from entry level to senior citizen status. e.g. M/W 12; M/W 14; M/W 16; M/W 17-19; M/W 20; M/W20; M/W 35; etc. up to M/W 65+. There are separate categories for men and women in each of these ages.

Orienteering is probably one of the more equal access sports in the country.