



Yukon Orienteering Association Newsletter

APRIL 2013

President's Note

Welcome to the 2013 Yukon orienteering season. The association will host the regular dozen or so Wednesday evening meets through September. Adult and junior members are invited to participate in programs suited to your ability level – see below. Capable coaches will be on hand to assist you. Above all, we welcome assistance to help put on our regular events. Please check in with event organizers listed in the schedule. Enjoy the events we offer in Yukon.

Afan Jones, President

Coming Events for YOA

- Event Organizer Training April 10
- Learn to "O" clinic April 27. Register with City of Whitehorse Active Living
- National Orienteering Week May 4 - 12, 2013
- Mapping Clinic May 2, 4, 7
- Intro. To Community Coaching May 23, 25

Coming National Events

- Western Canadian Orienteering Championships will be held at Spruce Woods Provincial Park in Manitoba from August 3- 5. For more details see <http://www.orienteering.mb.ca/WCOC2013/>
- 2013 Canadian Orienteering Championships will be organized by Golden Horseshoe Orienteering in Hamilton, Ontario. OCTOBER 11-13

YOA members who attend Regional i.e. Western and Canadian Orienteering Championships in their competitive age class are eligible for modest financial assistance to defray travel costs.

Programs for 2013: *Yukon Orienteering Kid's Programs and Kids Running Wild*

Junior program registration: Yukon Orienteering Association - registration for Kids Running Wild and Yukon Orienteering Team will be on Monday April 29th from 4:30 to 5:30 pm at the Mt McIntyre Recreation Centre wax room. For more details see the programs page on the Orienteering Association's website <http://www.yukonorienteering.ca>

Meet Schedule 2013

Spring is just around the corner, I mean the next corner... the one beyond that snowy slope. Check out the Calendar of Events on the Yukon Orienteering Association's website at <http://www.yukonorienteering.ca>

Vancouver Sprint Camp by Jennifer MacKeigan

This past February myself and some other Yukon orienteers made our way down to participate in the annual Vancouver sprint camp. This camp is offered every year some time in February. It is a great pre-season warm up. I learned a lot of great techniques at this camp and I've been practicing them to improve my sprint race. The camp includes two and a half days of races and training sessions so be prepared to have difficulty walking on Monday after the camp. I recommend this camp to anyone, from beginner to expert.

Junior World Orienteering Championship 2013 by Jennifer MacKeigan

This year the Junior World Orienteering Championship (JWOC) will be held in Hradec Kralove, Czech Republic. The first race day is June 30 and the final race is on July 7. This year eight Canadian athletes will be competing: Alexander Bergstrom, Molly Kemp and Robert Graham from Ottawa, Adam Woods from Vancouver, Trevor Bray, Jennifer MacKeigan, Pia Blake and Kendra Murray from Whitehorse. JWOC consists of 5 races; the long distance race, the middle qualifier, the middle final, the sprint and the team relay. The sprint course sounds really interesting because it is in an old Czech town. The long distance is in a hilly area with ridges and valleys. The middle distance is less hilly but lots of rock features and finally the relay is pretty flat and open with a few gentle slopes here and there.

SEEKING VOLUNTEERS

The YOA is always looking for volunteers to assist with events. If you are interested in volunteering, please let us know at info@yukonorienteering.

Current Executive:

President: Afan Jones

Vice-President: Bob Sager

Treasurer: Ross Burnett

Secretary: Lorna Hutchinson

Director of Communications: Wendy Nixon

Director of Programs: Karen McKenna

Director at Large: Forest Pearson

Newsletter preparation: Wendy Nixon, Jennifer MacKeigan, Afan Jones